Three Stage 10 km cross-country, 30 km downhill biking at bluemountain.ca.

Epping Lookout is a place to start your journey, offering stunning views of the bay, patchwork farmers' fields, sprawling apple orchards, over several trestle bridges, and access to Christie Beach and Big Bay General Store.

Cyclists are encouraged to embrace the challenge, be it 25, Racers, competitive cyclists, tri-athletes in training, recreational riders and families/friends. When you face challenges, remember to have patience, enjoy the support of motorists. When you ignore signals, you lose the support of roadways as motorists. When you occupy any part of a lane when turning, don’t weave around signals.

Follow Rules of the Road, you lose the support of roadways as motorists. When you ignore signals, you lose the support of roadways as motorists.

Changes are planned for 2014 Centurion-Blue Mountain 50 and 100. Mountain Biking is a potentially dangerous sport and the user of this route will immerse you in natural and manmade beauty. The 20 km training loop is fairly flat, through rolling farmland and mature orchards, over several trestle bridges, and access to Christie Beach and Big Bay General Store.

Blue Mountain Loop is a training loop and features a mix of hard packed dirt and paved shoulders. Tom Thomson Trail mix of hard packed dirt and paved shoulders. Tom Thomson Trail mix of hard packed dirt and paved shoulders.

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Share the Road

Grey County Cycling Routes

Visit grey.com/cycling
This cycling map has been developed to assist in planning bicycle trips throughout Grey County. Users of this cycling map are responsible for their own safety and use these routes and trails at their own risk. Users should consider not only their own skill level or capability. This map is not intended as a guide for children. Cyclists should exercise the same level of caution whether riding on a route designated by this map or any non-designated route. The County of Grey Tourism Department and... be sustained by the users directly or indirectly in connection with their use of this cycling map or the cycling routes.

These Centurion 50 & 100 routes may vary from actual race routes. For up to date race routes, dates and information for the Centurion Canada – the Blue Mountains: www.centurioncycling.com/canada.

Grey County Cycling ROUTES

Owen Sound Meaford ThornburyBlue Mountain Village Hanover

Cycling in Grey County has been described as world class. With endless combinations of roads that twist and turn throughout the Beaver Valley, along Georgian Bay and... and Ontario By Bike-certified accommodations and attractions are available for each loop at visitgrey.ca/cycling.

Off-roading in Grey is equally rewarding, from the excitement of downhill riding at Blue Mountain, to many gnarly single track rides for the experienced rider to our three rails trails, which provide a more gentle ride.

Remember to carry identification, a cell phone, emergency cash and repair and emergency supplies. Wear highly visible... Your bike is a machine and works best and safest when it is well-maintained. Prepare for your trip and happy cycling!